



THE TRUE FEMININE RISING PROGRAM

The Signature 3-Month Program
For Feminine Power & Awakening



With Dr. Rameet Singh

(Doctor of Counselling Psychology, Life Coach, Goddess Mentor)



THE TRUE FEMININE RISING

What is this program?

If you have been seeking a way to release feminine suppression, powerlessness & stagnation.

If you desire to embody your powerful divine feminine, and create more freedom, love, pleasure and abundance in your life.

Then I welcome you to the ***True Feminine Rising!***

This is a 3-month journey with me. Each month we focus on a theme:

- (1) Feminine Empowerment,**
- (2) Embodiment,**
- (3) Sacred Sexuality**
- (4) & Love.**



THIS COURSE IS FOR YOU IF:

- *You are tired of swallowing your voice, hiding your desires, and compromising your core truth to appease others.*
- *Maybe other peoples fears, criticism and expectations of you have kept you in a limited box of what you think you are suppose to 'do" and 'be' like. You desire to stand in your true power and claim personal sovereignty.*
- *Perhaps you experience fears and doubts that say 'you cannot create the life you want'. You are ready to release these old traumas, fears, energetic blocks & limiting thought patterns.*
- *Your feminine life-force energy has felt restricted, and you experience frustration, sadness, anger, dullness, anxiety or other difficult emotions. You desire to free your feminine energy and feel more passion, aliveness and joy.*
- *You know its time to release feminine suppression, to liberate your authentic self and find the courage to follow through on your true hearts' callings.*





What Will I Receive?

In our journey together you will receive content that integrates the best of

PSYCHOLOGY, SPIRITUALITY, YOGIC WISDOM, CHAKRA HEALING AND GODDESS WORK!

- *RECEIVE practices and content for the next 12-weeks to anchor in personal transformation.*
- *Experience a process for deep feminine healing and freedom - on the level of the mind, body, energy and soul.*
- *Be supported in an environment of non-judgment, compassion and kindness.*

The True Feminine Rising program includes 12-weeks of potent content for deep feminine healing , 6-live online feminine awakening group sessions and personal support.





What Will I Receive?

So Many Goddess Goodies



- Video trainings,
- Guided meditations,
- E-book reading,
- Energy healing audios,
- Affirmation practices,
- Homework activities,
- Your membership portal,
- And so many bonuses!
- *Optional add-on:* Goddess Group Sessions (virtual & live).
- *Optional add-on:* Individual holistic psychotherapy sessions with Rameet.

MONTHLY THEMES

MONTH 1 (Week 1-4):

The Energy of Feminine Empowerment (the Solar Plexus Chakra).



In this first month we work with the energetics and soul of feminine empowerment. Stand in your radiance, release self-doubts and believe in yourself. We work with the energy centre of personal power- the solar plexus chakra.

MONTH 2 (Week 5-8):

The Energy of Feminine Embodiment & Trust (the Root Chakra).



Receive teachings and practices to support you in releasing the fears and anxieties that keep you feeling numb, ungrounded or disconnected. We work with the root chakra- our foundational energy centre for being in our feminine presence. As you anchor into yourself, your grounding holds the space for powerful manifestation of your needs and desires.

MONTH 3 (Week 9-10):

The Energy of Sacred Feminine Sexuality (The Sacral Chakra).



Learn to honour your sacred feminine sexuality, your deeper emotions and desires. Release stagnate emotions, past hurt, and energetic blocks within the womb and sacral chakra. Work with the sacral chakra to reclaim your worthiness to receive more intimacy, play, pleasure and abundance.

MONTH 3 (Week 11-12):

The Energy of Divine Feminine Love (The Heart Chakra).



Learn about what disconnects us from self-love. Explore processes to regain a loving relationship with ourselves, with others, and with life. Begin to release energetic heart walls and belief systems that say 'I am not worthy of love'. We work with the heart chakra to access the abundance of love.

Sneak Peak- Your Weekly Content Overview (12 weeks)

WEEKLY WISDOM



- **Weekly Videos Trainings (15-20 min)** - Each week we dedicate to exploring a major chakra/energy centre & its themes for feminine awakening & empowerment.
- **Weekly E-Book Chapter Readings** - Themes include the psychology & spirituality of developing feminine power, freedom, embodiment, sensuality & love.

WEEKLY PRACTICES



- **Weekly Goddess Meditations (15-45 min)** - We connect to the energies of nature, visualization, energy healing and your higher-self for deep journeys into feminine healing & awakening.
- **Monthly Chakra Audio Affirmations & Mantra** – Reprogram limiting belief systems, integrate new core beliefs to awaken your feminine power & potential. We focus on one chakra centre per month & its corresponding affirmations & mantra.
- **Weekly Self-Inquiry & Practices:** Digest & integrate course content through these activities & self-inquiry practices. Transform limiting patterns.

OPTIONAL ADD-ON: WEEKLY SUPPORT



- **6 Biweekly Goddess Group Sessions (90 min each).** Virtual & video to video. Receive feminine teachings & intuitive therapeutic support.
- **Exclusive Women's Group:** A private Facebook group for women who are enrolled in this program (package B & C). Watch replays of the bi-weekly sessions, receive updates & shares, & experience community support.
- **6 Individual Sessions with Rameet:** Book your personal one-on-one holistic psychotherapy/life-coaching sessions with Rameet.

Content & Organization



Your Membership Portal

Receive 12-week content to learn & integrate core aspects of feminine empowerment into your week.

All the content is beautifully organized by day/week/month in your own **membership portal**. Inspirational images & quotes are found throughout your membership page, with your own login password.

Receive small bite-size practices & content on a weekly basis. Experience practices to keep you grounded & in your sacred goddess alignment.

All material are downloadable & can be accessed from your phone or digital device.



Feminine Empowerment Group Sessions

Optional Add On: Rameet leads the feminine empowerment group session bi-weekly. You receive 6 sessions total, which span over 3 months. The sessions are 90 min each & conducted virtually (video to video).

Express yourself in a safe & supportive space. We work through powerful practices to transform limiting patterns, heal old emotional wounds & clear energetic stagnation.

Each week we focus on a theme of feminine awakening & empowerment. These sessions are potent; we work with deeper energetic layers & activate inner-feminine awakening.

You may attend these group sessions live, or watch the replays, which are available for up to 2 weeks on the women's exclusive online group page

Content & Organization

Your Bonuses

MINI-COURSE: THE GODDESS & THE CHAKRA SYSTEM

Learn about the chakras & how these energy centres are connected to our goddess energy. Understand how each chakra corresponds to different mental, emotional & physical qualities of our sacred feminine.

PLUS: Receive a guided meditation that takes you on a journey of healing & activating your 7 energy centres. Access the grace & power of your inner goddess.



- **BONUS #1:** Masterclass Video- *The Goddess & the Chakra System* (28 min).
- **BONUS #2:** Bonus Ebook Chp: *The Goddess & the Chakras- The Foundations*.
- **BONUS #3:** Guided Meditation: *Chakra Healing & Goddess Meeting* (50 min).

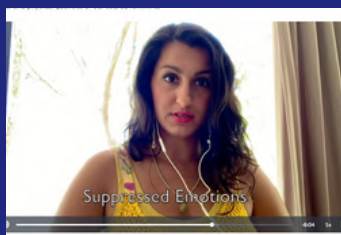
BONUS MINI-COURSE

THE GODDESS & THE CHAKRA SYSTEM

BONUS #1

MASTERCLASS VIDEO

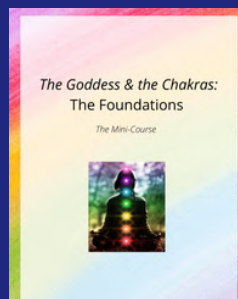
The Goddess & the Chakra System



BONUS #2

EBOOK CHAPTER

Chakra Healing & Goddess Meeting



BONUS #3

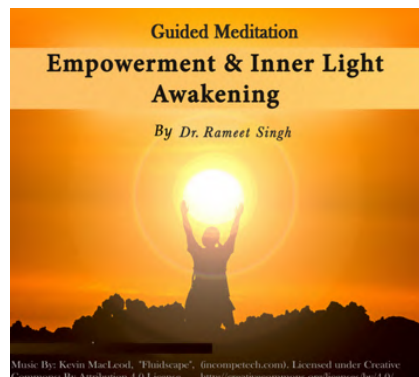
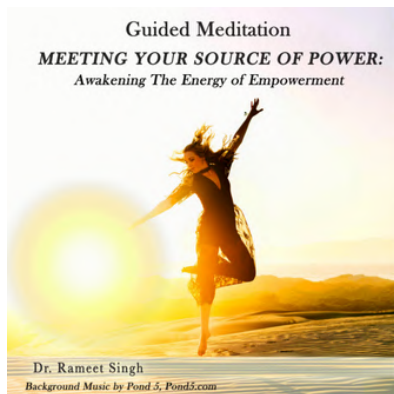
GUIDED MEDITATION

The Goddess & the Chakras- Foundations.

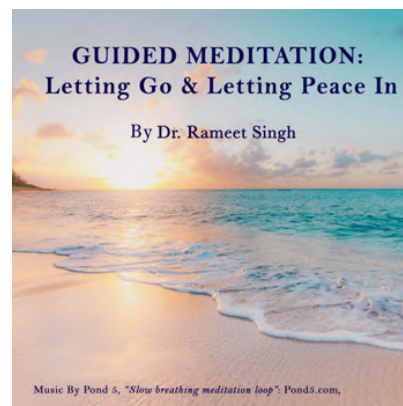
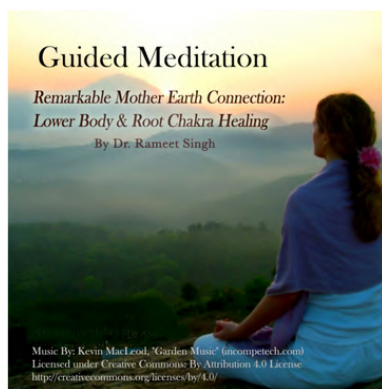
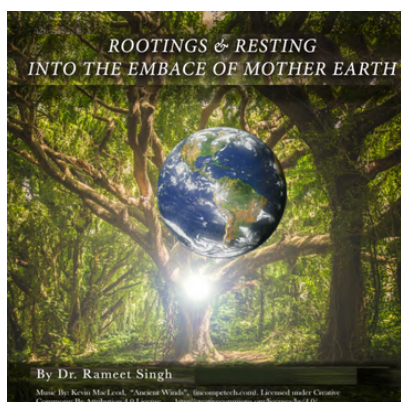


Content Sampler: THE MEDITATIONS

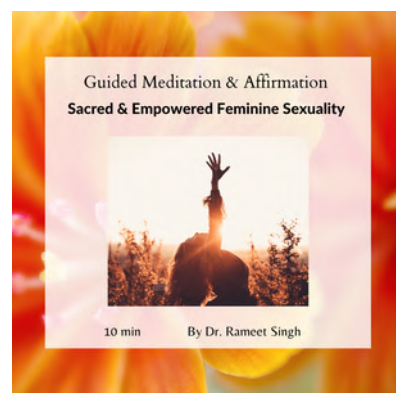
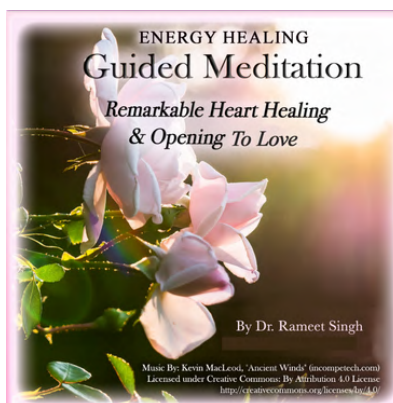
MONTH 1 MEDITATIONS: EMPOWERMENT - SOLAR PLEXUS CHAKRA



MONTH 2 MEDITATIONS: EMBODIMENT & TRUST- ROOT CHAKRA



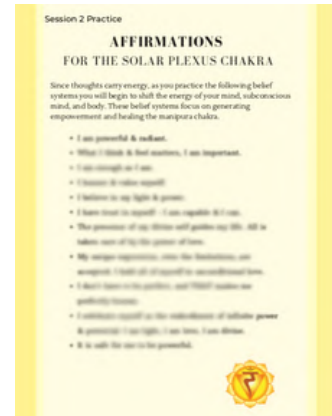
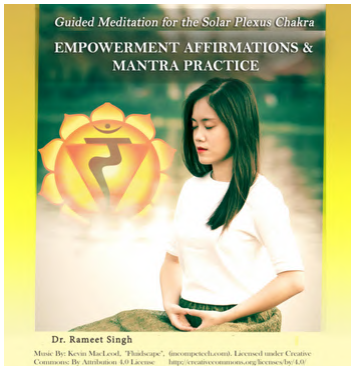
MONTH 3 MEDITATIONS: SACRED SEXUALITY & LOVE - SACRAL & THE HEART CHAKRA



Content Sampler: THE AFFIRMATIONS

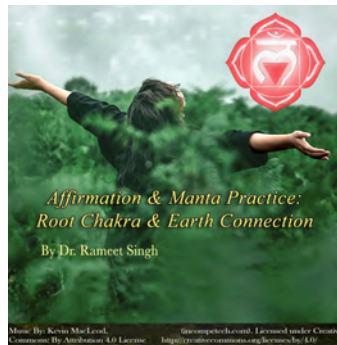
MONTH 1
AFFIRMATIONS.

EMPOWERMENT
AUDIO & PDF



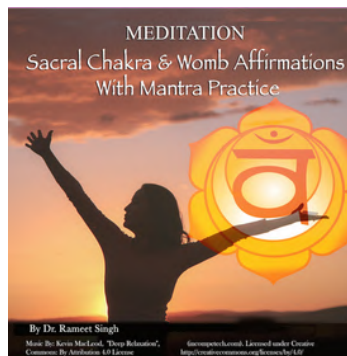
MONTH 2
AFFIRMATION

**EMBODIMENT
& TRUST**
AUDIO & PDF



MONTH 3
AFFIRMATIONS.

**SACRED
SEXUALITY**
AUDIO & PDF



MONTH 3
AFFIRMATIONS

FEMININE LOVE
AUDIO & PDF

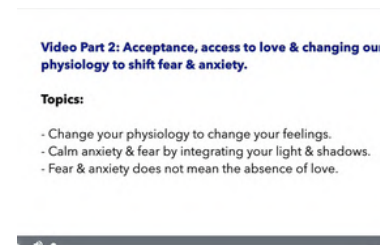


Content Sampler: THE VIDEOS

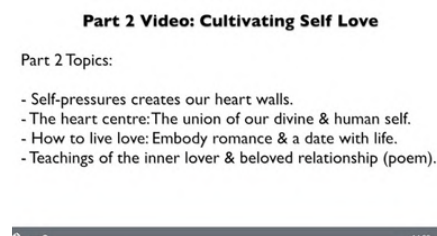
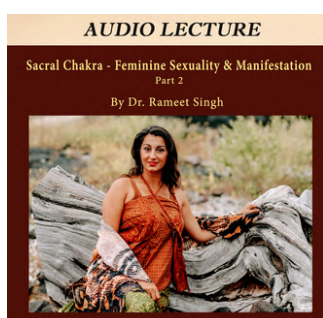
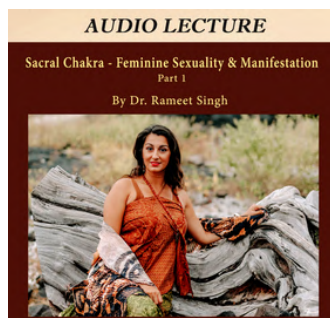
MONTH 1 MASTERCLASS: EMPOWERMENT - SOLAR PLEXUS CHAKRA (4)



MONTH 2 MASTERCLASS: EMBODIMENT & TRUST - ROOT CHAKRA (4)

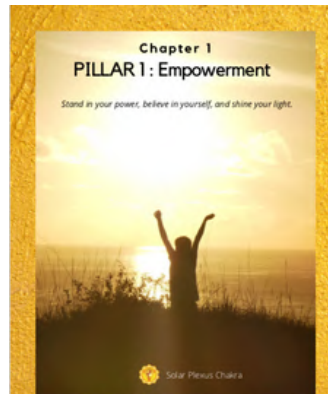


MONTH 3 MASTERCLASS: SACRED SEXUALITY & LOVE- SACRAL & THE HEART CHAKRA (2 AUDIOS, 2 VIDEOS)



Content Sampler: BOOK CHAPTERS & ACTIVITIES

CHAPTER 1.
EMPOWERMENT-
SOLAR PLEXUS
CHAKRA



CHAPTER 2.
**EMBODIMENT
& TRUST-**
ROOT CHAKRA



CHAPTER 3.
**SACRED
SEXUALITY-**
SACRAL CHAKRA



MONTH 3.
FEMININE LOVE-
HEART CHAKRA





OUR GODDESS GROUP SESSIONS VIRTUAL & LIVE!

90 minutes of powerful goddess awakening processes.
Clear old programming & energetic blocks, &
anchoring your empowered goddess self!

Bi-Weekly Feminine Empowerment & Awakening Themes.



**Every Thursday, 7:30pm-9:00pm,
(Eastern Standard Time. EST).**

Enrolment for Group : Next sessions,
Feb 2, Feb 16, March 2, March 16, March 30, April 13, 2023.



THE GODDESS GROUP SESSION THEMES:

MONTH 1: Goddess Empowerment: Solar Plexus Chakra

Session 1: *Who is my Inner Divine Feminine?*

Understand your goddess life force energy as your creative, sensual and powerful self. Practices and wisdom teachings on the goddess energy.

Session 2: *What Gets in my Way?*

We uncover limiting beliefs and energetic blocks around feminine power & sexuality. We explore core belief systems, energy psychology and visualization to tap into the potential of your divine feminine and clear old storylines.

MONTH 2: Goddess Freedom & Embodiment: Root Chakra

Session 3: *My Feminine Presence is my Portal.*

We divine into the root chakra and learn about the secrets to feminine manifestation: Abundance through grounding and receiving sacred pleasures.

Session 4: *The Sacred Marriage Within.*

Understand your inner masculine-feminine dynamics. Learn about how to have them working together in greater love and harmony. Create the sacred marriage within as the path to manifesting true love.

MONTH 3: Goddess Sexuality & True Love: Sacral & Heart Chakra

Session 5: *My Feelings and Desires Matter.*

We work with the sacral chakra, we understand how our womb space and sexual life-force is the home of our feminine expression. We clear blocks to pleasure, sacred sexuality and feelings.

Session 6: *The Heart Portal- My Compass for Self-Love.*

Tap into the power of your heart chakra. We explore the state of 'love-frequency' and how to integrate the voice of self-love & self-compassion throughout your day. Practices to listen and manifest from the heart centre.

BENEFITS: What Will I Experience?



MONTH 1: Empowerment

- ✓ Begin to see yourself from a new perspective – as capable & powerful.
- ✓ Access your inner fire & take actions towards your true desires & goals.
- ✓ Tap into your authentic self. Feel worthy & enough.
- ✓ Release power struggles with others & yourself.
- ✓ Cultivate true feminine power.
- ✓ Solar plexus chakra (manipura) healing & strengthening.



MONTH 2: Embodiment & Freedom

- ✓ Feel safe to be in your body & claim your right to fully exist.
- ✓ Be anchored in the present moment & feel centred within yourself.
- ✓ Establish your connection with mother earth & build a trusting relationship with life.
- ✓ Feel ease within yourself by releasing fears & anxieties.
- ✓ Root chakra (mooladhara) healing & strengthening.



MONTH 3: Feminine Sensuality

- ✓ Honour your desires & needs.
- ✓ Let your feelings & emotions flow.
- ✓ Embody your sacred sexuality & create intimacy with life.
- ✓ Access the magic of the womb space – the portal for sacred manifestation.
- ✓ Sacral chakra (swadhistana) healing & strengthening.



MONTH 3 CONTINUED: True Feminine Love

- ✓ Develop greater self-love & self-acceptance
- ✓ Cultivate the voice of self-compassion. Release self-judgment & criticism.
- ✓ Release heart walls, open to receive & give more love.
- ✓ Understand true love as self-love. Explore the inner masculine-feminine union.
- ✓ Heart chakra (anahata) healing & strengthening.



TRUE FEMININE RISING: Recap of what you will receive



- Ten (10) Weekly Videos, Plus 2 Audio Teachings, on the Pillars of *Feminine Healing, Awakening & Empowerment*.
Valued at \$1000

- Your membership portal. Content downloadable & organized by week.
Valued at \$600



- Guided (9)- Guided Meditations & Energy Healing Audios.
Valued at \$550

- Four (4)-Affirmation & Mantra Practice Audios.
Valued at \$250

- 87 page e-book: *The True Feminine Rising*, by Dr. Rameet.
Valued at \$200



- Sixteen pages (16 pg)- Practices & Activities Sheet.
Valued at \$150

- Five (5)- Affirmations & Chakra Healing Sheets (PDF).
Valued at \$150

The Chakras & the Goddess Meeting
By Dr. Rameet Singh



BONUSES

- **BONUS #1:** Masterclass- *The Goddess & the Chakra System* (28 min).
- **BONUS #2:** Guided Meditation: *Chakra Healing & Goddess Meeting* (50 min).
- **BONUS #3:** Bonus E-book Chp: *The Goddess & the Chakras- Foundations*.

Valued at \$1000

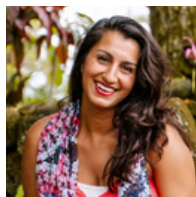


- **OPTIONAL ADD ON:** Six (6) biweekly online feminine awakening group sessions.

Valued at \$1500

- **OPTIONAL ADD-ON:** 6 one-on-one virtual sessions with Rameet.

Valued at \$2000



ACTUAL VALUE OF PROGRAM: \$7400 CA



THE TRUE FEMININE RISING PROGRAM

Unleash your Empowered Authentic Feminine Expression

THE TRUE FEMININE RISING- A 3 Month Journey

Actual Value of Program: \$7400 CA

SPECIAL PROGRAM PRICING

~~\$7400~~



~~\$3000~~



You Pay

\$1777 CA

OR 3 PAYMENTS OF
\$669

75% OFF

The Program for a Limited Time

Awakening to Greater Love

There will come a time in your life where you will begin to redefine what it means to love. As you awaken your divine feminine, how you once viewed love, from a perspective that did not consider your core truth, needs & value, will no longer be in resonance with you.

This greater love will be a love that no longer serves other peoples ego agendas, their insecurities or limited perspectives. This love will serves the highest truth of yourself and others, and will support you in following your divine feminine expression.

-Dr. Rameet Singh

Teachings from 'The True Feminine Rising' Course.





OPTIONAL ADD-ON

Women's Tantra: Life as the Beloved

With Dr. Rameet Singh

What is this 1 Month Course About?

You may include the 1 month '**Women's Tantra: Life as the Beloved**' course, as a part of your 'True Feminine Rising' course package. Or you may purchase this mini-course separately.

This extra 1 month course goes deeper into feminine sexuality and explores how we can free ourselves of limiting relationship patterns, and rise in empowered feminine love, sexuality and pleasure. The course is offered at a discounted rate when purchased with the True Feminine Rising program.



Women's Tantra: Life as the Beloved course offers teachings and processes for awakening sacred feminine sexuality and liberated romance. You will be empowered to claim life as your beloved and no longer feel separate from the deeper romance and love that you desire. You will discover how to let go of control and co-dependency in relationships, and allow the flow of creation to bring you fulfilling and heart-centered intimate experiences. You will no longer give your power away.

You will recognize that your sexual health is important and worthy of attending to. In this empowered state of inner romance, you will manifest that love into your outer reality. You will learn how to connect to your sexual energy from your heart centre - thereby experiencing your sexual expression from a place of wholeness and love.

Together, we will journey through an exploration of sexuality and spirituality in **Women's Tantra: Life as your Beloved** course.

Every week, for the next 4 weeks (plus a 5th week bonus) you will receive weekly readings, video teachings, powerful guided meditations, affirmation practices, homework reflections and activities. All the content is organized by week in your online membership portal, which can be accessed from any electronic device. Lifetime content access.





GODDESS OFFERING I

Women's Tantra: Life as the Beloved

With Dr. Rameet Singh

The course content inspire inquiries around the following themes:

- How can I get to know my sexual essence? How can I get in touch with it?
- How can I experience my sexuality as a part of my spirituality?
- How can I awaken my empowered goddess presence through my sexual life-force energy?
- How may I release anxious, avoidant and co-dependency patterns in my relationships by creating security in my relationship with love itself?
- How can I free my sexual being and thereby reclaim divine feminine pleasure, love, sacred intimacy and abundance?
- What is Tantra, and how may I understand the play of Shiva (masculine) and Shakti (Feminine) within myself?

Weekly Course Themes are as Follows:

Week 1: Liberated Feminine Sexuality - Tantra & Eros.

Week 2: Recreate your Storyline - The Divine Feminine in Sexual Power.

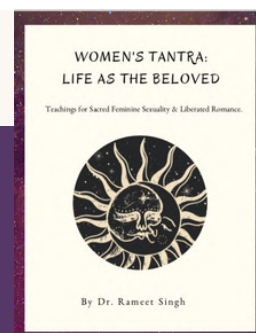
Week 3: The Cosmic Exchange - Drawing in Love & Pleasure.

Week 4: Inner Masculine-Feminine Union.

Personal Support:

Optional Add on, 4 Goddess Group Sessions: Receive 4 online Goddess Group session (90 min), where Rameet will lead powerful processes to deepen liberated feminine sexuality and self-love.

Optional Add-on, 4 Individual Sessions: You may include 4 one-on-one holistic psychotherapy individual sessions with Rameet.





Women's Tantra: Life as the Beloved

Course Overview: 4- Week Content



Week 1: Liberated Feminine Sexuality - Tantra & Eros

- **E-Book readings: Introduction** - Liberated Feminine Sexuality (3 pg).
Chp 1 - Tantra & Eros: the Force of Attraction (5 pg, 5-10 min).
- **Video 1:** The History & Essence of Tantra (26 min).
- **Guided Meditation & Affirmation:** Reclaiming Divine Feminine Sexuality (40 min).
- **Practice:** Divine Feminine Sexuality - Declaration (PDF, 7 min).



Week 2: Recreate your Storyline - Divine Feminine & Sexual Power

- **E-Book:** Chp 2 - The Story of Feminine Sexuality: Reprogrammed (4 pg, 5-10 min).
- **Video 2, Part 1:** What is Feminine Sexuality (13 min).
- **Video 2, Part 2:** Overcoming Co-Dependency in Relationships- Opening to the Greater Cosmic Love (13 min).
- **Guided Meditation:** Sensual Feminine Embodiment (40 min).
- **Practice:** Beholding my Feminine Sexual Essence (10 min).



Week 3: The Cosmic Exchange - Drawing in Love & Pleasure

- **E-Book:** Chp 3- The Cosmic Exchange: Drawing in Love & Pleasure (6 pg, 7-10 min).
- **Video 3:** Accessing Feminine Pleasure for Abundance & Love (20 min).
- **Guided Meditation:** The Abundant Goddess Affirmations - Love, Pleasure & Emotional Fulfillment (28 min).
- **Practice:** Affirmations for Goddess Pleasure, Sacred Sexuality, & Love (7-15 min.)



Week 4: Inner Masculine-Feminine Union

- **E-Book:** Chapter 4- The Marriage of Self-Love & Sexual Energy (5 pg, 5-10 min).
- **Video 4:** A Love Relationship with Life & Feminine Magnetism (20 min).
- **Guided Meditation:** Meeting my Beloved: Masculine-Feminine Union (38 min).
- **Practice:** My Desire Map- Heart, Mind & Body (10-15 min).

BONUS Week 5: Healing the Inner Intimacy Split

- **BONUS #1,** E-Book: Chapter 5- Healing the Inner Intimacy Split (3 pg, 5-10 min).
- **BONUS #2,** Guided Meditation: Activating my Sensual Goddess Flower (20 min).



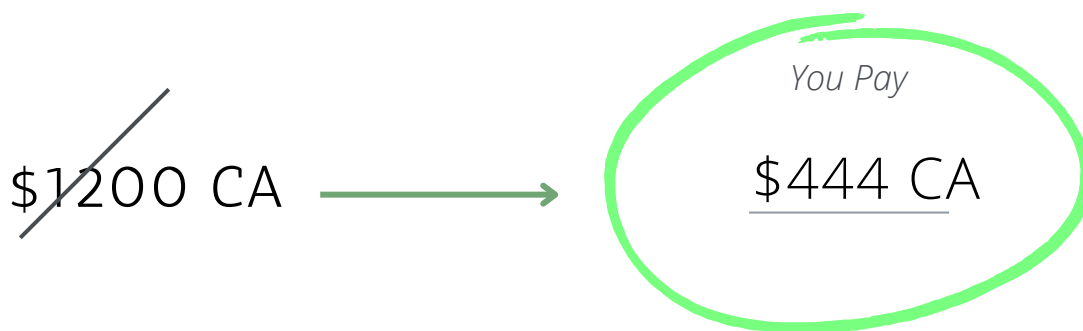
PROGRAM PRICING

WOMEN'S TANTRA: LIFE AS THE BELOVED COURSE

Women's Tantra: Life as the Beloved, 1 Month Journey

Listed Regular Program Price: \$1200 CA

SPECIAL CLIENT PROGRAM PRICE WHEN COMBINED WITH *THE TRUE FEMININE RISING PROGRAM*.



60% OFF the Women's Tantra program when purchased with the True Feminine Rising Program

"When we understand tantra, we know that if a lover leaves us, love doesn't leave us. Love will just reach us another way.

So we are ever trusting. We learn the feminine art of receiving & opening to the Source of love. We enter a relationship with love itself. Tantra gives us the vision that this great love is meeting us again and again. It is the meeting of our awareness (Shiva) and our manifested self (Shakti) .

-Dr. Rameet Singh

Teachings from 'Women's Tantra: Life as the Beloved' Course.





PROGRAM PRICING

WOMEN'S TANTRA: LIFE AS THE BELOVED COURSE

WOMEN'S TANTRA PROGRAM PURCHASE ONLY

*The full 1 month content, plus 1 week of bonus content.
4 Goddess Group sessions and Individual sessions are optional add on's.*

Listed Regular Program Price: \$1200 CA

~~\$1200~~



You Pay

\$777 CA

35% OFF

the Program for a Limited Time



CHOOSE YOUR GODDESS PACKAGE

The True Feminine Rising Program

PSYCHOTHERAPY INSURANCE COVERAGE IN CANADA: RECEIPTS CAN BE PROVIDED IF YOU HAVE COVERAGE.
SPECIAL PRICE FOR CANADIAN CLIENTS FOR A LIMITED TIME- REGULAR PRICES WILL RETURN TO USD.

PACKAGE A:

WHATS INCLUDED

INVESTMENT

THE GODDESS CONTENT

TRUE FEM RISING
PROGRAM ONLY



The True Feminine Rising Program

- 10 Video training.
- 2 Audio lectures.
- 9 Powerful guided meditations.
- 4 Affirmation & mantra practice audios:
- 87 pg E-book, *The True Feminine Rising*.
- 16 Pages of activities & practices.
- 4 daily affirmation sheets for chakra healing.
- Organized course content in your own membership portal.
- **BONUS #1:** Masterclass- The Goddess & the Chakra System (28 min).
- **BONUS #2:** Guided Meditation: Chakra Healing & the Goddess Meeting (50 min).
- **BONUS #3:** Bonus E-book Chp: The Goddess & the Chakras- Foundations.

\$1777 CA

OR 3 INSTALMENTS OF
\$669

+ HST

PACKAGE B:

THE GODDESS EXPERIENCE.

TRUE FEM PROGRAM
& GODDESS GROUP

Optional Add-On with Program:

- The True Feminine Rising Program.
- 6 Online live Goddess Group sessions with Dr. Rameet (biweekly, 90 min each).
- Exclusive Facebook women's online private community.

SPECIAL PRICE,
UPGRADE FOR + \$111

\$1888 CA

OR 3 INSTALMENTS OF
\$699 + HST

PACKAGE C:

FULL GODDESS IMMERSION

PROGRAM, GODDESS
GROUP & INDIVIDUAL
SESSIONS

Optional Add-On with Program

- The True Feminine Rising Program.
- 6 Individual Goddess Life Coaching Sessions with Dr. Rameet. 60 min, online, video-to-video.
- 6 Online live Goddess Group session with Dr. Rameet (biweekly, 90 min each). With the women's exclusive online private group page.

BEST VALUE

\$2680 CA

3 INSTALMENTS OF
\$969

+ HST



CHOOSE YOUR GODDESS PACKAGE

Women's Tantra Course

PSYCHOTHERAPY INSURANCE COVERAGE IN CANADA: RECEIPTS CAN BE PROVIDED IF YOU HAVE COVERAGE. SPECIAL PRICE FOR CANADIAN CLIENTS FOR A LIMITED TIME- REGULAR PRICES WILL RETURN TO USD.

PACKAGE D:

WHATS INCLUDED

INVESTMENT

WOMEN'S TANTRA PROGRAM CONTENT



Women's Tantra- Life as the Beloved Course:

- 6 Video training.
- 3 Powerful guided meditations.
- 1 Goddess Affirmation Audio.
- 45 pg E-book: *Women's Tantra: Life as the Beloved.*
- (4) Weekly activities & practices.
- 2 daily affirmations sheets: Feminine pleasure, sacred sexuality and love.
- Online membership portal: Organized course content.
- BONUS #1: Guided Meditation: Awakening your Sensual Feminine Flower.
- BONUS #2: Bonus Chapter: *Healing The Intimacy Split.*

\$777 CA

+ HST

PACKAGE E: WOMEN'S TANTRA PROGRAM & GODDESS GROUP

Optional Add- On with Program:

- 4 Online live Goddess Group sessions with Dr. Rameet (biweekly, 90 min each).

SPECIAL PRICE, UPGRADE FOR + \$111

\$888 CA

+ HST

PACKAGE F: WOMEN'S TANTRA FULL IMMERSION: PROGRAM, GODDESS GROUP & INDIVIDUAL SESSIONS

Optional Add-On with Program

- 4 Individual Goddess Life Coaching Sessions with Dr. Rameet. 60 min, online, video-to-video.
- 4 Online live Goddess Group session with Dr. Rameet (biweekly, 90 min each).

\$1414 CA

OR 2 INSTALMENTS OF \$779

+ HST



CHOOSE YOUR GODDESS PACKAGE

The Full Experience - Both Programs

PSYCHOTHERAPY INSURANCE COVERAGE IN CANADA: RECEIPTS CAN BE PROVIDED IF YOU HAVE COVERAGE.
SPECIAL PRICE FOR CANADIAN CLIENTS FOR A LIMITED TIME- REGULAR PRICES WILL RETURN TO USD.

PACKAGE G:

WHATS INCLUDED

INVESTMENT

THE FULL GODDESS CONTENT

TRUE FEM RISING & WOMEN'S TANTRA



- **The Full 3 Month *True Feminine Rising Program.***
- **The Full 1 Month *Women's Tantra: Life as the Beloved Course.***

\$2222 CA

Total Content Includes:

- 16 Video training.
- 12 Powerful guided meditations.
- 5 Goddess Affirmation Audio.
- 2 E-books: *Women's Tantra: Life as the Beloved, & The True Feminine Rising*
- (16) Weekly activities & practices.
- 6 daily affirmations sheets.
- Online membership portal: Organized course content.
- 5 BONUSES: *The Goddess & the Chakra's Mini-Course & Women's Tantra Bonus Week.*

OR 3 INSTALMENTS OF \$811

+ HST

Optional Add- On with Program:

- 6 Online live Goddess Group sessions with Rameet (biweekly, 90 min each).
- The True Feminine Rising Program.
- Women's Tantra: Life as the Beloved Course.

SPECIAL PRICE, UPGRADE + \$111

\$2333 CA

OR 3 INSTALMENTS OF \$855

+ HST

PACKAGE H: GODDESS GROUP & 2 PROGRAMS

PACKAGE I: GOLD GODDESS IMMERSION

Optional Add-On with Program

- 6 Individual Goddess Life Coaching Sessions with Rameet. 60 min, online, video-to-video.
- 6 Online live Goddess Group session with Rameet (biweekly, 90 min each).
- The True Feminine Rising Program.
- Women's Tantra: Life as the Beloved Course.

THE ULTIMATE PACKAGE & BEST VALUE

\$3125 CA

OR 3 INSTALMENTS OF \$1111

+ HST

2 PROGRAMS,
GODDESS GROUP &
INDIVIDUAL SESSIONS

ENROLMENT OPEN !

Lets get in touch!

Send me an email and we can book a free exploration call.

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WEBSITE: rameettherapy.com



WWW.RAMEETTHERAPY.COM



ABOUT DR. RAMEET SINGH

Rameet has her Doctorate and Masters Degree in Counselling Psychology from the University of Toronto. She is a Holistic Psychotherapist, Mind-Soul Life Coach and Goddess mentor. Rameet has been featured on major television programs such as Rogers TV #No Filter show, and Parvasi TV “Well-Being Matters”, where she was the guest expert on topics related to mental health and spirituality.

She is also the author of the book “True Feminine Rising”, and has written various books, research publication and chapters related to psychology, spirituality and divine feminine awakening. Rameet facilitates regular group therapy sessions, classes and workshops on holistic mental health, feminine awakening, yoga and healing through creative expression.

FOLLOW ME ON SOCIAL MEDIA FOR DAILY INSPIRATION

Instagram: @drrameetlovelife

Facebook: drrameetlovelife

WWW.RAMEETTHERAPY.COM



Frequently Asked Question

When do I get my content & how soon can I start the program once I purchase?



As soon as you purchase the program you will receive all the content, right away. No need to wait before the online goddess group sessions start. Start your dive into the program content.

You may join the online goddess group sessions at anytime that they are being offered. Check your membership portal for the schedule.

What if I can't make all the group therapy sessions?



You will get to watch the replay of all the goddess group videos. The videos will be made available to watch in the private/exclusive facebook group for the women enrolled in this program, for 2 weeks. All videos will be taken down within 2 weeks. The video will mostly display Rameet's sharing.

Is everything confidential? How private is this, and my participation in the group?



As a practicing psychotherapist and life coach, my client confidentiality is the highest priority. Everything you share is kept confidential. NO notes are kept, and all videos are deleted within 2 weeks time. All information is also kept on a private and password protected platform.

We also go through a confidentiality protocol in the beginning of group sessions, so we can ensure all participants understand the process of safety and confidentiality.

What is the refund policy?



If you purchase the FULL IMMERSION PACKAGE and cannot make your 6 individual sessions, we can downgrade you to the regular program package. You have within 2 months to decide, and will be reimbursed only for the private one-on-one sessions not attended.

There is no refund policy for regular program purchases. You have access to all the content, and can go through the program at any time (life-time access). However if, for whatever reason you are unable to attend the goddess group sessions, such as changes in your scheduling, not to worry. You can always attend the next round of goddess group session.